

Getting Started with Living Waters

WHAT TO **EXPECT**



Living Waters will begin in October, followed by 20 meetings held every Thursday night from 7:00-9:30pm.

HOW TO **APPLY**

Applications are available online at OutpostMinistries.org/get-involved/living-waters

After we receive your completed application, we will contact you for an in-person interview.

Submitting an application does not guarantee admission into the program.



DESERT STREAM™
LIVING WATERS

Pursuing
Relational &
Sexual Wholeness
in Christ



**OUTPOST
MINISTRIES**
LOVING GOD • DECLARING FREEDOM

A program offered by:



**OUTPOST
MINISTRIES**
LOVING GOD • DECLARING FREEDOM

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What's LIVING WATERS?

Living Waters is an in-depth, Christ-centered program for people seeking healing in the areas of relational and sexual brokenness.

Anyone seeking to walk through the healing journey will benefit from *Living Waters*, especially in the areas of:

- Fear
- Insecurity
- Marital Problems
- Co-Dependency
- Pornography
- Effects of Abuse
- Sexual Addiction/Promiscuity
- Inability to Trust
- Anger or Unforgiveness
- Gender Identity Issues
- Shame and Self-Hatred
- Unwanted Same Sex Attraction

“If anyone is thirsty, let him come to Me and drink. Whoever believes in Me ... **streams of living water will flow from within him.**”

John 7:37-38

THREE FOCUSES

1 *Worship*

We focus our attention and praise on God rather than on our problems.

2 *Teaching*

Our teachings include Biblical truths that help us to know God and ourselves better.

3 *Prayer*

Through healing prayer in large and small group settings, we invite the Holy Spirit to heal our various wounds. We bring our sins, and those sins committed against us, to the Lord who is faithful to set us free.

The leadership team has been trained to help ensure trust, safety and confidentiality in the group.

IS LIVING WATERS FOR ME?

Water for the Thirsty

Living Waters addresses the reality that we are all broken in our ability to love God, others, and ourselves well. **The goal of this program is to lay a foundation for relational and sexual wholeness in our lives** through worship, teaching, prayer and small groups.

Some of What You'll Learn TOPICS & CONTENT

- How “the fall” affects our relationships and sexuality
- Who we are as men and women, made in God's image
- Reconciliation between men and women
- Roots of gender brokenness and building healthy relationships
- The cross and confession
- Renouncing idols
- The difference between our true self and false self
- Restoring the true self through the cross of Christ
- Understanding and overcoming temptation and addictions
- Embracing the Church as our healing community